

## **Auntie Stella: Teenagers Talk about Sex, Life and Relationships**

Written by Editor

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'Auntie Stella' was originally produced as an activity pack for use in schools with young Zimbabweans aged 13 to 17 years, and later developed as a website. It has been used in schools to stimulate discussion among young people on key teenage issues, and also gives information that teenagers find hard to get elsewhere. Both the print and website versions use the question and reply format of problem page letters written to agony aunts in magazines, a popular source of information for young people. There are over 30 'questions' covering physical and emotional changes in adolescence, relationships with parents, peers and the opposite sex, gender roles, forced sex, HIV/AIDS and STIs.

Article can be accessed on-line [here](#) .