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This manual offers an introduction to the topic of gender and sexual and reproductive health (SRH) and is for professionals and volunteers who work with young people on the influence of gender on SRH issues. A workshop curriculum is provided that incorporates suggestions and feedback from organizations in various regions of the world. A series of participatory activities encourage participants to think about the difference between gender and sex as well as social values associated with women and men, femininity and masculinity. The publication is available in English (Catalog number GENDERSEX-E01) and in Spanish (Catalog number GENDERSEX-S02). For information on cost and availability of this publication, email [ipas\\_publications@ipas.org](mailto:ipas_publications@ipas.org) or telephone (800) 334-8446 (toll-free in USA) or (919) 918-2085. Please provide the catalog number of the publication you are requesting.